



Young Learners Programme (C-1.20, C-2.20) – Please note this is a sample menu ONLY

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Main Course	Spaghetti Bolognese with garlic bread Juice Fruit or yoghurt	Southern Fried Chicken with rice and corn on the cob Juice Fruit or yoghurt	Chicken Enchiladas with green beans Juice Fruit or yoghurt	Meat Feast Pizza and salad Juice Fruit or yoghurt	Fish Pie with Peas Juice Fruit or yoghurt
Lunch Vegetarian Course	Mediterranean Vegetable Pasta with garlic bread Juice Fruit or yoghurt	Macaroni Cheese with garlic bread Juice Fruit or yoghurt	Vegetable Enchiladas with salad Juice Fruit or yoghurt	Vegetarian Pizza and salad Juice Fruit or yoghurt	Vegetable Hot Pot with rice or pasta Juice Fruit or yoghurt